



# Fine Motor: 15. Ruler Pack

SEaTSS has a dedicated resource page linked to Ruler Skills. This is a comprehensive collection of advice relating to practice, equipment and activity.

### How to use a ruler

Most students having difficulty using a ruler often have trouble stabilising the ruler and engaging both hands.

You could consider using a ruler with a handle;



<http://redbridgeserc.org/resources/entry/ruler-with-handle/>



<http://redbridgeserc.org/resources/entry/early-years-ruler-with-a-handle/>

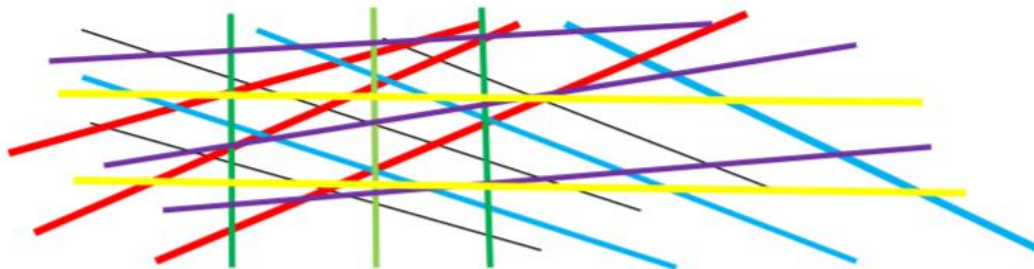
Alternatively you could try sticking a small piece of Dycem matting underneath the ruler to stop it slipping.



Activities

**1. Pattern**

Drawing straight lines to make a pattern. Choose different colours to encourage the student to repeatedly organise their grip on the ruler.



**2. Directional lines**

Students will need to be able to draw lines in the following directions using the ruler;

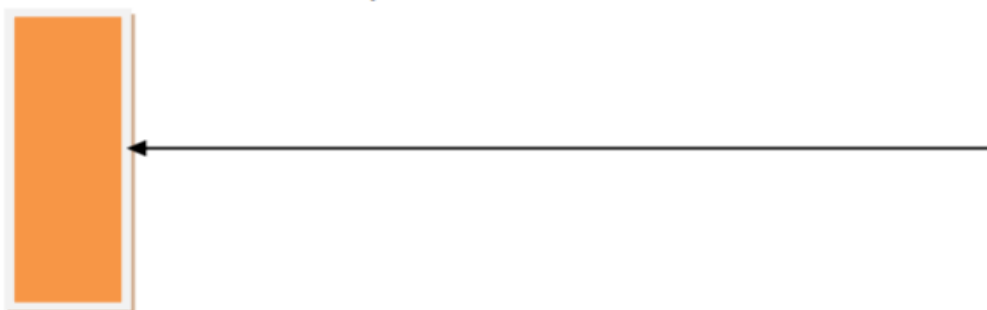


**3. Start and stop**

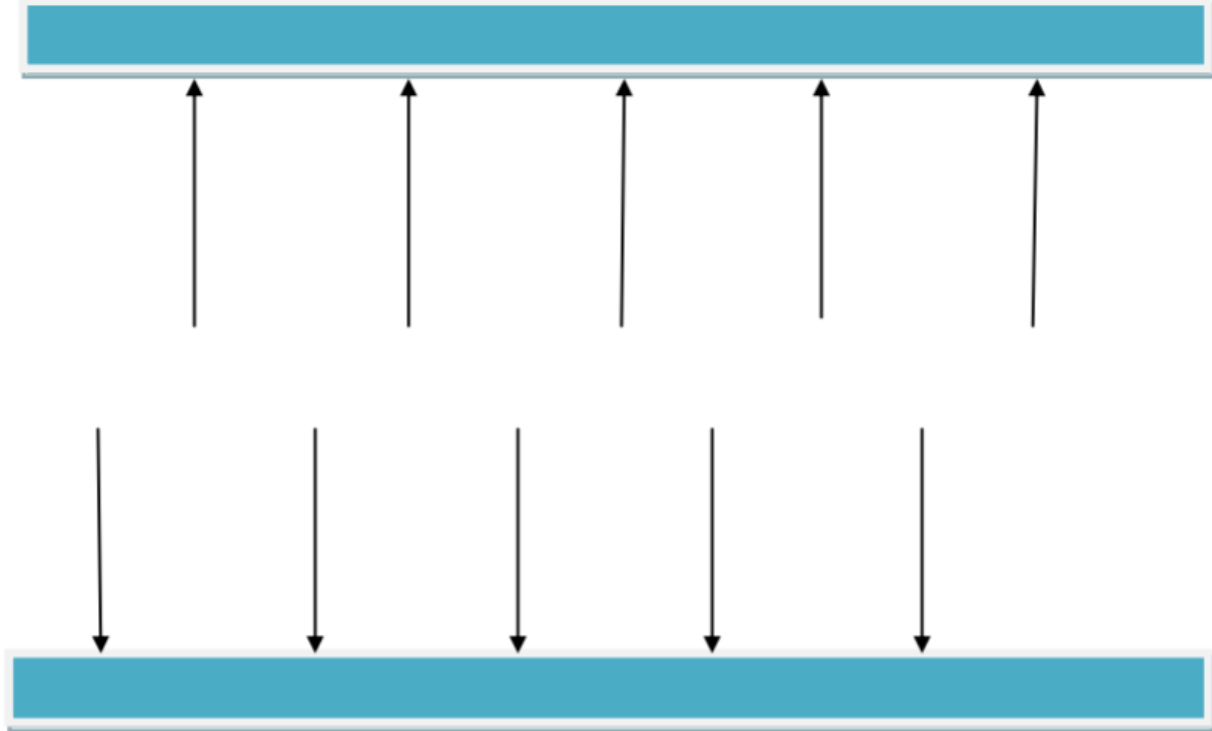
Students will now need to draw along a line and stop when it hits the wall.



When this is achieved- repeat with the reverse direction.

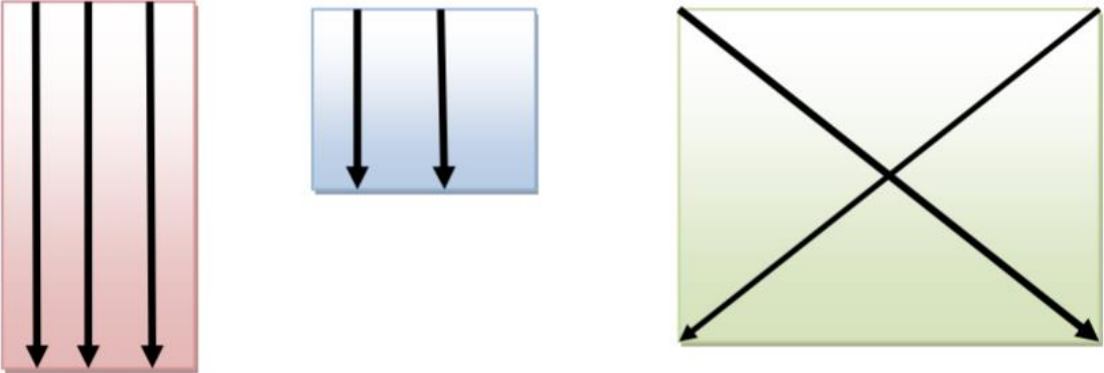


Then repeat with vertical strokes, into the sky / sea



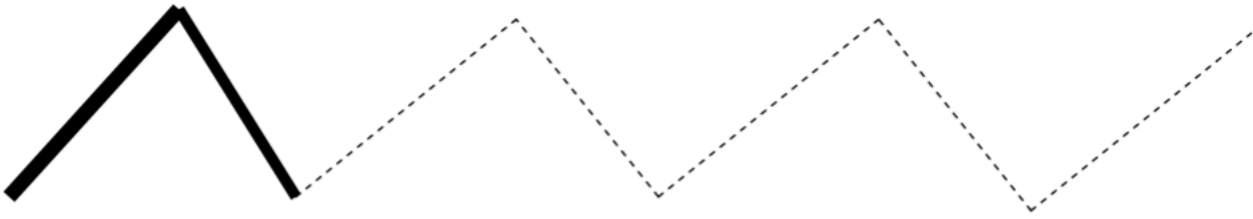
**4. Trace the line**

Ask the student to draw over the coloured boxes and try to start and stop within the shape- try not to go over the edge.



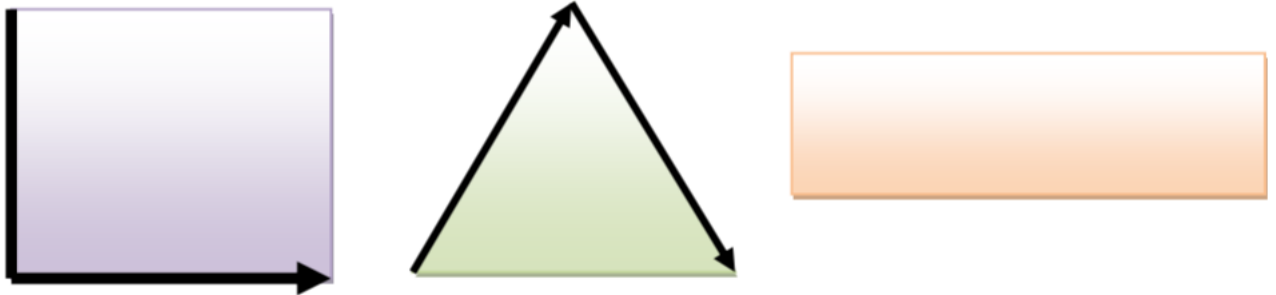
### 5. Dots and dashes

Using traditional tracing / early handwriting patterns use a ruler to draw over the dotted lines.



### 6. Round the corner

This stage asks students to use their ruler to draw around simple shapes.



### 7. Using a ruler to measure

There are a host of free simple measuring worksheets on the Internet. Look for visually clear worksheets that ask students to measure through different orientations

Eg.

How tall is the Lego tower?



How wide is the star?



Check out our You Tube channel- <https://www.youtube.com/channel/UCYvQ3ULh0WWJAYVzcV7xZoQ/playlists>

The screenshot shows the YouTube channel page for 'Redbridge Seats' with 59 subscribers. The page is set to the 'PLAYLISTS' tab. On the left, there is a navigation menu with options like Home, Explore, Subscriptions, Library, History, Your videos, Watch later, SEND strategies and..., Show more, SUBSCRIPTIONS (Music, Sport, Gaming, Movies & shows), and MORE FROM YOUTUBE (YouTube Premium, Movies & shows). The main content area displays 'Created playlists' with a grid of 15 playlist thumbnails. Each thumbnail includes a video preview, a title, a 'VIEW FULL PLAYLIST' link, and an update date. The playlists cover topics such as iPads, Speech and Language, Visual impairment, ASC/ ASD/ Autism/Social Communication, Medical needs, Hearing Impairment, Emotional support and Behaviour, Communication and Signing, Physical Disability, Sensory videos, and The Good Player.



Website:  
[www.redbridgeserc.org](http://www.redbridgeserc.org)



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You will find a variety of Fine and Gross Motor videos here.

[https://www.youtube.com/playlist?list=PL7MVghDNLeJz-IOeZJCxolM8n0v4wi\\_0](https://www.youtube.com/playlist?list=PL7MVghDNLeJz-IOeZJCxolM8n0v4wi_0)

We have a wide range of handwriting and motor skill advice videos on our website [www.redbridgeserc.org](http://www.redbridgeserc.org)