



# Fine Motor: 8- Pencil grip

SEaTSS has a dedicated website page full of helpful videos, tips and tricks to provide you will ideas to develop students pencil grip/ pincer grip.

You can find the page here;

<http://redbridgeserc.org/resources/category/finger-manipulation-pincer-grip-development>

## Pencil grips

Generally, we recommend that students explore a range to see which ones help.

I would recommend SENCO's having a small kit in their SEND toolkit to enable Students to trial a range.

**The Essential Pencil Grip Kit 20pk**  
 Product Code: SD12609

A complete set of effective pencil grips, to cover everything from specific needs like a finger across the thumb. [Read more](#)

Quantity

**£16.99** ex VAT  
 £20.39 inc VAT

In Stock

[Add to basket](#)



1. [Save](#) two elastic bands together.

2. Place wrist through one elastic band.

**THE ELASTIC BAND TRICK FOR PENCIL GRASP**  
 Your Kids OT

3. Place pencil through the other elastic band.

4. Hold the pencil near the nib. Start writing!

[Save](#) 902



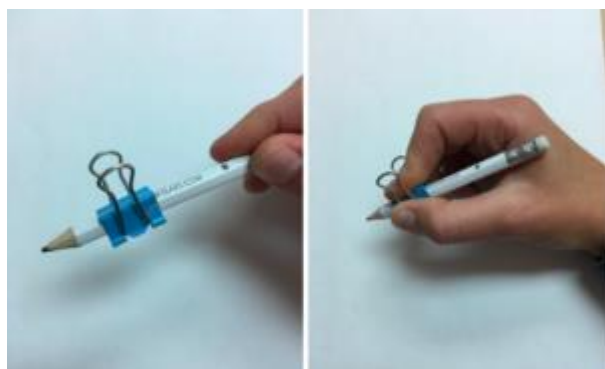
<https://www.tts-group.co.uk/essential-pencil-grip-kit>



There are a range of tips to help develop and maintain a correct grip (see website page).



For older Students you can replace a pom pom with a coin or scrunched up piece of paper.



To work specifically on pincer grip, we have three packs you can download from here;

<http://redbridgeserc.org/resources/entry/pincer-grip-development-packs>

Check out our You Tube channel- <https://www.youtube.com/channel/UCYvQ3ULh0WWJAYVzcV7xZoQ/playlists>

The screenshot shows the YouTube channel page for Redbridge Seatss, which has 59 subscribers. The page is set to the 'PLAYLISTS' tab. On the left, there is a navigation menu with options like Home, Explore, Subscriptions, Library, History, Your videos, Watch later, SEND strategies and..., Show more, SUBSCRIPTIONS (Music, Sport, Gaming, Movies & shows), and MORE FROM YOUTUBE (YouTube Premium, Movies & shows). The main content area displays 'Created playlists' with a grid of 15 playlist thumbnails. Each thumbnail includes a video preview, a title, a 'VIEW FULL PLAYLIST' link, and an update date. The playlists cover topics such as iPads, Speech and Language, Visual impairment, ASC/ ASD/ Autism/Social Communication, Medical needs, Hearing Impairment, Emotional support and Behaviour, Communication and Signing, Physical Disability, Sensory videos, and The Girl Player. A 'SORT BY' dropdown menu is visible in the top right corner of the playlist grid.



Website:  
[www.redbridgeserc.org](http://www.redbridgeserc.org)



Email:

You will find a variety of Fine and Gross Motor videos here.

<https://www.youtube.com/c/RedbridgeSEATSS/playlists>

We have a wide range of handwriting and motor skill advice videos on our website [www.redbridgeserc.org](http://www.redbridgeserc.org)