

Blowing your nose



Key words

- Tissue
- Hold
- Pinch
- Blow
- Wipe
- Wash hands

Games to play

Blowing on a mirror to make it steam up

Blowing bubbles/ out candles

Blowing cotton wool balls across a table with a straw

Place tissue over nose and encourage the child to blow through their nose to blow the tissue up in the air.



Songs to use

Bubble Monkey, Blow your nose

- Dr Mc Stuffins
- https://www.youtube.com/watch?v=Mz1vr_lwkEE
- Helping a child with Autism
- <https://www.youtube.com/watch?v=3HXbJ7KDho>

How to do teach it-handout

DO NOT TEACH THIS SKILL WHEN THE CHILD IS SICK

- <http://www.wikihow.com/Blow-Your-Nose>

Social Story

- <http://images.pcmac.org/SiSFiles/Schools/AI/LauderdaleCounty/RogersHigh/Uploads/Forms/1%20need%20a%20Tissue.pdf>



What a great idea !

