**CEREBRAL PALSY**

**Key facts**

* This is a non – progressive disorder of movement or posture caused by a malfunctioning of, or damage to the brain.
* Cerebral palsy can be caused by infections, rubella and compression of the brain in

pregnancy, prematurity, diseases such as Meningitis, brain tumours, accident or blow to the head, drowning, or lack of oxygen.

* 3 in 1000 children have a degree of Cerebral palsy.

**Types of Cerebral Palsy**

There are three main forms of Cerebral Palsy-

* Spastic Cerebral Palsy
* Athetoid Cerebral Palsy
* Ataxic Cerebral Palsy.

**Cerebral Palsy** can affect one or more limbs – this is described as

**Hemi**plegia – upper and lower limb on same side

**Di**plegia – major involvement of lower and minor involvement of upper limbs

**Mono**plegia – one limb involved

**Quadri**plegia – all four limbs affected

**Para**plegia- lower limbs only

**Monoplegia** indicates that the Cerebral Palsy only affects one limb.

**Other associated difficulties that could be linked**

* Visual impairment
* Hearing impairment
* Epilepsy
* Oral dental- swallowing and dribbling
* Continence

**Educational implications**

Difficulty with handwriting and recording

Perception – visual discrimination, tracking, spatial awareness

Memory – auditory memory and sequencing

Mobility

Independence

Organisation

Personal care/ dressing / feeding

Sensitivity to noise- startle reflex causing pupils ‘jump’ in response to loud noises.

## **Useful addresses and web links**

[**http://www.scope.org.uk/help-and-information/education**](http://www.scope.org.uk/help-and-information/education)

Scope is a Registered Charity established in 1952. It provides information and support to children and adults with cerebral palsy, people living with other severe and complex impairments and their families.

Recommended resources from Scope site;

**Imagine the difference** – KS1 & KS2 resource to celebrate difference

**Speaking for ourselves-** KS 3& KS4 – history of people with cerebral palsy.

**Family support**

[**https://www.scope.org.uk/support/services-directory/emotional-support-parents-barking**](https://www.scope.org.uk/support/services-directory/emotional-support-parents-barking)

Face 2Face Free befriending service

**Teenagers**

[**https://www.scope.org.uk/support/services-directory/transition-adulthood-waltham-forest**](https://www.scope.org.uk/support/services-directory/transition-adulthood-waltham-forest)

Students aged 14-17 yrs with complex needs

**Youth Club**

[**https://www.scope.org.uk/support/services-directory/group-activities-young-people-waltham-forest**](https://www.scope.org.uk/support/services-directory/group-activities-young-people-waltham-forest)

Age 13-17yrs Saturday Club

[**http://www.epcpspurs.co.uk**](http://www.epcpspurs.co.uk)

EPCP Spurs is a football club for players with cerebral palsy. The club is open to all ambulant players with cerebral palsy aged between 6 years to adults. Both boys and girls are welcome to join the club.

**Age range** 6 years to 99 years

**Address** Emerson Park School, Wych Elm Road, Hornchurch, Essex, RM11 3AD

**Tel** 01708 475 285

**Email** [info@epcpspurs.co.uk](http://find.redbridge.gov.uk/%20%20%20%20%20%20%20%20%20%20%20%20%20%20%20%20%20%20mailTo:info@epcpspurs.co.uk)

[**http://www.snapcharity.org/**](http://www.snapcharity.org/)

Special Needs and Parents (SNAP) supports Essex parents of children who have Special Needs or a disability.

SNAP have a helpline 01277 211300 Mon- Friday 8.30am - 5pm.

SNAP has an extensive library of over 2,000 specialist books, hundreds of quick and easy reference information sheets and over 250 specialist videos and DVDs.

The SNAP Centre, Pastoral Way, Warley, Brentwood, Essex CM14 5WF

**LINKS TO YOU TUBE- Cerebral Palsy**

[**http://www.youtube.com/watch?v=p5VNdy7\_nIM**](http://www.youtube.com/watch?v=p5VNdy7_nIM)

4 min video clip from Great Ormond Street explaining the key facts.

[**http://www.youtube.com/watch?v=dsXlPdipR5Q**](http://www.youtube.com/watch?v=dsXlPdipR5Q)

Film showing a 15 yr girl called Hannah. Hannah has complex cerebral palsy and this film shows her daily life.

[**http://www.scope.org.uk/support/disabled-people/trendsetters**](http://www.scope.org.uk/support/disabled-people/trendsetters)

Video blogs made by young people with Cerebral Palsy

[**https://www.youtube.com/watch?v=DbXyljItrIw&list=PLEJWI99Hx3tHR74i1q3uQYmljcCFIQZAG&index=2**](https://www.youtube.com/watch?v=DbXyljItrIw&list=PLEJWI99Hx3tHR74i1q3uQYmljcCFIQZAG&index=2)

Bullying from a young person’s perspective.

[**https://www.youtube.com/watch?v=Qu-G9rz7p8U**](https://www.youtube.com/watch?v=Qu-G9rz7p8U)

SELECTIVE dorsal rhizotomy

[**http://www.youtube.com/watch?v=5Co5JwOcGfU&feature=related**](http://www.youtube.com/watch?v=5Co5JwOcGfU&feature=related)

A mix of lots of images of different people with Cerebral Palsy.

[**http://www.youtube.com/watch?v=lFMLL6A7K0U&feature=related**](http://www.youtube.com/watch?v=lFMLL6A7K0U&feature=related)

This clip shows Josh Blue, who is a comedian with Cerebral Palsy.

