

**FINE MOTOR CHECKLIST**

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| 5 - 9 mths | Rakes or scoops small objects to pick them up |
| 7- 9 mths | Intentionally able to drop / release objects |
| 7 – 12 mths | Able to pick up small objects using thumb and finger |
| 10 mths | Pokes or points with index finger |
| 12 – 18 mths | Holds crayon with whole hand, thumb up |
| 1. years
 | * Holds crayon with thumb and all fingers, forearm turned so thumb is pointing down
* Puts on shoes, socks, and shorts
* Takes off shoes and socks
* Can use a spoon by their selves
* Can draw and copy and vertical line
 |
| 2 ½ - 3 yrs  | * Strings large beads
* Snips paper with scissors
* Rolls clay, playdough into snake
* Can draw and copy vertical line
 |
| 1. – 3 ½ yrs
 | * Able to complete simple puzzles
* Can build a tower of nine small blocks or more
* Can get themselves dressed – help with buttons
* Confuses back and front, left and right shoes
* Can feed themselves with little spilling
 |
| 3 ½ - 4 yrs | * Can pour his own drink from a jug if not too heavy
* Can place small pegs into small holes
* Able to string small beads
* Can hold a pencil with tripod grasp, but moves forearm to write.
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| 4 – 4 ½ yrs | * Can use scissors to cut straight lines
* Can manage buttons, zippers and snaps completely
* Can draw and copy a cross
 |
| 4 ½ - 5 yrs  | * Can use scissors to cut curved lines
* Can hold fork using his fingers
* Can feed themselves soup with little spilling.
* Folds paper in half, making sure edges meet
* Puts key in lock and opens it
 |
| 5 yrs  | * Can get dressed and undressed
* Cuts simple shapes with scissors
* Uses knife to spread food items
* Able to draw and copy a diagonal line
* Uses a tripod grasp on writing utensils
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 This information has been prepared by **Newbridge Outreach Service**

 You are welcome to share with others – please acknowledge where you obtained it from.

