

###

### Gross Motor

### Below are aspects of a child’s development that may be of concern, if these are observed it may well be worth considering a referral for an assessment by a health professional.

**If a child is...**

* Not rolling by 7 months of age
* Not pushing up on straight arms, lifting his head and shoulders, by 8 months of age
* Not sitting independently by 10 months of age
* Not crawling ("commando" crawling--moving across the floor on his belly) by 10 months of age
* Not creeping (on all fours, what is typically called "crawling") by 12 months of age
* Not sitting upright in a child-sized chair by 12 months of age
* Not pulling to stand by 12 months of age
* Not standing alone by 14 months of age
* Not walking by 18 months of age
* Not jumping by 30 months of age
* Not independent on stairs (up and down) by 30 months of age

**Some additional gross motor "red flags":**

* "walking" their hands up their bodies to achieve a standing position
* only walking on their toes, not the soles of their feet
* frequently falling/tripping, for no apparent reason
* unusual creeping patterns
* any known medical diagnosis can be considered a "red flag": Down's syndrome, cerebral palsy, congenital heart condition etc.

 This information has been prepared by **Newbridge Outreach Service**

 You are welcome to share with others – please acknowledge where you obtained it from.

