

www.redbridgeserc.org

info@redbridgeserc.co.uk

Box 3 Stage 1

Counter crash	Pincer Grip Using two hands Finger strength Wrist rotation	Cass
Thread 'em quick	Pincer Grip Using two hands Precision	
Stretch and release	Pincer grip Finger strength Wrist and hand mobility	
Stack 'em high	Pincer Grip Visual motor /perception Wrist mobility	
Pom Pom pick up	Pincer grip Visual motor/perception Control Manipulation	
Muddle up gloves	Pincer grip Manipulation Wrist /hand rotation Finger strength	
Creeping thumbs	Thumb strength Manipulation	