







# S.E.a.T.S.S

Specialist Education and Training Support Service

Box 8

Stage 3

<p><b>B and D</b></p>	<p>Pincer grip Finger strength Manipulation</p>	
<p><b>Form filling</b></p>	<p>Wrist /hand mobility Finger strength Pincer grip</p>	
<p><b>Golf tees/ bath mats + spoons</b></p>	<p>Pincer grip Wrist/hand mobility Visual motor/ perception</p>	
<p><b>Sorting coins in your hand</b></p>	<p>Index finger isolation Manipulation Finger mobility Finger strength</p>	
<p><b>Egg cartons</b></p>	<p>Hand /wrist strength Two handed activity</p>	
<p><b>Card game</b></p>	<p>Pincer grip Finger strength Two handed activity Finger mobility</p>	

**Smaller nuts and bolts**

Wrist manipulation  
Finger strength  
Pincer grip  
Two handed activity



**This information has been prepared by SEaTSS**

**You are welcome to share with others – please acknowledge where you obtained it from.**

**If you need further help and advice with any physical disability/activity, please contact:**

[SEATSS@redbridge.gov.uk](mailto:SEATSS@redbridge.gov.uk)

**If you do not have email access, you can phone 07768 374021**