


S.E.a.T.S.S

Specialist Education and Training Support Service

Box 9

Stage 3

Using a stapler	Wrist strength Finger/hand strength Manipulation	 Librex.co.uk
Ball around your body	Wrist /hand mobility Manipulation Pincer grip	
Blu tak -3D	Pincer grip Two handed activity Visual motor/ perception	
Paper clips	Pincer grip Two handed activity Finger mobility Finger strength	
Newspaper wrap it up	Hand /wrist strength Manipulation	
Tie	Pincer grip Two handed activity Shoulder/arm/hand mobility	
2 fingers down	Finger manipulation Pincer grip	

This information has been prepared by SEaTSS

You are welcome to share with others – please acknowledge where you obtained it from.

If you need further help and advice with any physical disability/activity, please contact:

SEaTSS@redbridge.gov.uk

If you do not have email access, you can phone 07768 374021