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**GROSS MOTOR SCREENING AGE 6 yrs**

Pupil’s name: DOB: Age:

School:

Other factors to consider:

Make sure they can complete activities on age3, 4 and 5 sheets before doing these activities.

|  |  |  |  |
| --- | --- | --- | --- |
| **Observable motor skills** | **Confident** | **Nearly there** | **Not achieved** |
| Throw and catch a small ball well |  |  |  |
| Can skip |  |  |  |
| Can hold a position for 10 secs |  |  |  |
| Can walk along a balance beam |  |  |  |
| Can move into four point kneeling |  |  |  |
| Can bounce a tennis ball on floor once and catch with one hand |  |  |  |
| Can jump over a rope |  |  |  |
| Aeroplane for 15- 20 secs |  |  |  |
| Superman for 15- 20 secs |  |  |  |

Other comments:



* **Aeroplane** – ask students to lift up their head, arms and feet off the floor



* **Superman**



* **Isolating body parts while in four point kneeling**

