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**GROSS MOTOR SCREENING AGE 7 Years**

Pupil’s name: DOB: Age:

School:

Other factors to consider:

Make sure they can complete activities on age 3/4, 5 and 6 sheets before doing these activities.

|  |  |  |  |
| --- | --- | --- | --- |
| **Observable motor skills** | **Confident** | **Nearly there** | **Not achieved** |
| Ride a two wheeled bike |  |  |  |
| Can swim |  |  |  |
| Can run forwards, backwards and zig zag |  |  |  |
| Can travel backwards and change position |  |  |  |
| Can do a forwards roll and roll sideways |  |  |  |
| Can kick a ball when running |  |  |  |
| Can hit a stationary object with a bat, hockey stick etc |  |  |  |
| Can hold a bridge position |  |  |  |
| Can throw, bounce and catch a tennis ball |  |  |  |
| Can stand in stork position |  |  |  |

Other comments:

* **Bridge position**

* **Stork position**

