**LIFE SKILLS- STEPS TOWARDS INDEPENDENCE**

**Comprehension and Reading**

Standard 4

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **The pupil can** |  |  |  | **Comments** | **Date** |
| * remove socks unaided |  |  |  |  |  |
| * put on trousers, pants, skirt unaided |  |  |  |  |  |
| * can put in shoes unaided and fasten Velcro/ zips |  |  |  |  |  |
| * put on socks unaided |  |  |  |  |  |
| * distinguish hot and cold tap, and get the required temperature |  |  |  |  |  |
| * wash hair unaided in a shower |  |  |  |  |  |
| * brushing hair independently |  |  |  |  |  |
| * clean teeth independently |  |  |  |  |  |
| * put familiar items away in Classroom/ home unaided |  |  |  |  |  |
| * find all items to be taken home at the end of the school day |  |  |  |  |  |
| * can turn clothes the correct way round |  |  |  |  |  |
| * select and choose appropriate clothing for event and weather |  |  |  |  |  |
| * open a range of more complex food containers eg put straw in drinks container |  |  |  |  |  |
| * can use a knife and fork to cut up food |  |  |  |  |  |
| * to communicate name and address |  |  |  |  |  |
| * know to ring 999 for help in an emergency |  |  |  |  |  |
| * carry liquids on a tray |  |  |  |  |  |
| * help carry a PE mat and put away |  |  |  |  |  |
| * use the toilet, clean themselves, flush and wash hands |  |  |  |  |  |
| * hammer pegs |  |  |  |  |  |
| * find the correct sequence of numbers when shown a telephone number visually on a mobile phone |  |  |  |  |  |
| * wrap a present |  |  |  |  |  |
| * chop fruit / vegetables |  |  |  |  |  |
| * wash cups and plates |  |  |  |  |  |
| * pour water through a funnel |  |  |  |  |  |
| * make a packed lunch |  |  |  |  |  |
| * hang up clothes using pegs |  |  |  |  |  |
| * Sweep the floor using a hand brush into a dustpan, and tip into a bin |  |  |  |  |  |
| * Communicate stop/ anger/ simple emotions using a range of visual systems |  |  |  |  |  |
| * Blow nose unaided |  |  |  |  |  |