**LIFE SKILLS- STEPS TOWARDS INDEPENDENCE**

**Comprehension and Reading**

Standard 4

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **The pupil can** |  |  |  | **Comments** | **Date** |
| * remove socks unaided
 |  |  |  |  |  |
| * put on trousers, pants, skirt unaided
 |  |  |  |  |  |
| * can put in shoes unaided and fasten Velcro/ zips
 |  |  |  |  |  |
| * put on socks unaided
 |  |  |  |  |  |
| * distinguish hot and cold tap, and get the required temperature
 |  |  |  |  |  |
| * wash hair unaided in a shower
 |  |  |  |  |  |
| * brushing hair independently
 |  |  |  |  |  |
| * clean teeth independently
 |  |  |  |  |  |
| * put familiar items away in Classroom/ home unaided
 |  |  |  |  |  |
| * find all items to be taken home at the end of the school day
 |  |  |  |  |  |
| * can turn clothes the correct way round
 |  |  |  |  |  |
| * select and choose appropriate clothing for event and weather
 |  |  |  |  |  |
| * open a range of more complex food containers eg put straw in drinks container
 |  |  |  |  |  |
| * can use a knife and fork to cut up food
 |  |  |  |  |  |
| * to communicate name and address
 |  |  |  |  |  |
| * know to ring 999 for help in an emergency
 |  |  |  |  |  |
| * carry liquids on a tray
 |  |  |  |  |  |
| * help carry a PE mat and put away
 |  |  |  |  |  |
| * use the toilet, clean themselves, flush and wash hands
 |  |  |  |  |  |
| * hammer pegs
 |  |  |  |  |  |
| * find the correct sequence of numbers when shown a telephone number visually on a mobile phone
 |  |  |  |  |  |
| * wrap a present
 |  |  |  |  |  |
| * chop fruit / vegetables
 |  |  |  |  |  |
| * wash cups and plates
 |  |  |  |  |  |
| * pour water through a funnel
 |  |  |  |  |  |
| * make a packed lunch
 |  |  |  |  |  |
| * hang up clothes using pegs
 |  |  |  |  |  |
| * Sweep the floor using a hand brush into a dustpan, and tip into a bin
 |  |  |  |  |  |
| * Communicate stop/ anger/ simple emotions using a range of visual systems
 |  |  |  |  |  |
| * Blow nose unaided
 |  |  |  |  |  |