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**Football / goal activity**

Draw a goal shape onto A3 paper and pin on the wall at shoulder height- one for each pupil.Give each pupil 3 football shapes. Play as ‘pin the tail on the donkey’, ensuring pupils are blindfolded.

**Marble challenge**

Give each pupil a bowl of marbles and a spoon. Time how long it takes each pupil to spoon all the marbles from one bowl to another. Pupils to fill out recording sheet.

**Copying abstract logo’s**

Ask pupils to copy logo’s onto a blank sheet of paper.

**Wallpaper activities**

Pin scrap backing paper at shoulder height. Choose four or five colour pens. Ask pupils to draw straight lines from left to right, in a repeating pattern. Encourage students to form as straight lines as possible- ask pupils to judge who has drawn the straightest lines.

**Xixixixixi**

Give pupil a sheet of paper – ask pupils to write xixixi in a repeating pattern for one minute. This can be extended to 2 or 3 mins if the students cope well.

The winner is the pupil who has written the most of the repeating pattern.





**KS3 week 1 - Activities**

 Healthy Hands