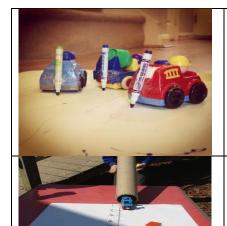
# S.E.a.T.S.S

## Specialist Education and Training Support Service

# **Nursery Motor Programme**



Tape a pen on the end of a car Lay some paper on the floor and ask X to lay on his tummy and draw with his car

Encourage X to draw in large arc shapes – how wide can X mark using his car?

Take a large tube and prop against a table Give X one car at a time, and ask him to push it down the tube, then run round and go to collect it.

How many cars can he do in 1 minute?



## Build a car park

Encourage X and some friends to lift, carry and build different routes to roll his car down ramps

Using a Pram/wheelbarrow or buggy

Place cars around the Nursery and ask X to push his

buggy etc. to go and collect them

How quick can be mangeuvre the buggy? and collect b

How quick can he manoeuvre the buggy? and collect his cars

This information has been prepared by SEaTSS

You are welcome to share with others – please acknowledge where you obtained it from.

If you need further help and advice with any physical disability/activity, please contact: SEATSS@redbridge.gov.uk

If you do not have email access you can phone 07768 374021

# S.E.a.T.S.S

#### **Specialist Education and Training Support Service**



Give X a bucket and a sponge.

Ask X to dip his sponge into a bowl of water and ask him to take his sponge to his bucket and squeeze his sponge into the bucket.



Using a whiteboard pen mark some crosses/☺ on a table top

Give X a sponge/cloth and see how quickly he can wipe them off

Place a series of playdough balls on the table

Ask X to 'smash' them with either his flat or using a tool such as a masher



How many bounces can X do in 1 minute?



Using masking tape or chalk mark out a route on the floor

Give X a large car/truck and ask him to 'drive' his car along the track.

This information has been prepared by SEaTSS

You are welcome to share with others – please acknowledge where you obtained it

If you need further help and advice with any physical disability/activity, please contact: SEATSS@redbridge.gov.uk

If you do not have email access you can phone 07768 374021

# S.E.a.T.S.S

## Specialist Education and Training Support Service



# **High Kneeling**

Encourage X to high kneel as a table and play with sand/toys etc.

How long can he keep up this position? before he sits his bottom back on his heels



## 5 Minute scarf disco

Gather X and a few friends; give them each a lightweight scarf or strip of material.

Play a collection of short snips of music and ask the children to wave their scarves every time the music plays, as soon as the music stops—stop waving Ideally see if X can wave about his shoulder height.

This information has been prepared by SEaTSS

You are welcome to share with others – please acknowledge where you obtained it from.

If you need further help and advice with any physical disability/activity, please contact: SEATSS@redbridge.gov.uk

If you do not have email access you can phone 07768 374021