

S.E.a.T.S.S

Specialist Education and Training Support Service

Nursery Motor Programme

	<p>Tape a pen on the end of a car Lay some paper on the floor and ask X to lay on his tummy and draw with his car</p> <p>Encourage X to draw in large arc shapes – how wide can X mark using his car?</p>
	<p>Take a large tube and prop against a table Give X one car at a time, and ask him to push it down the tube, then run round and go to collect it.</p> <p>How many cars can he do in 1 minute?</p>
	<p><u>Build a car park</u></p> <p>Encourage X and some friends to lift, carry and build different routes to roll his car down ramps</p>
	<p>Using a Pram/wheelbarrow or buggy</p> <p>Place cars around the Nursery and ask X to push his buggy etc. to go and collect them</p> <p>How quick can he manoeuvre the buggy? and collect his cars</p>

This information has been prepared by SEaTSS

You are welcome to share with others – please acknowledge where you obtained it from.

If you need further help and advice with any physical disability/activity, please contact:

SEATSS@redbridge.gov.uk

If you do not have email access you can phone 07768 374021

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	<p>Give X a bucket and a sponge. Ask X to dip his sponge into a bowl of water and ask him to take his sponge to his bucket and squeeze his sponge into the bucket.</p>
	<p>Using a whiteboard pen mark some crosses/☺ on a table top Give X a sponge/cloth and see how quickly he can wipe them off</p>
	<p>Place a series of playdough balls on the table Ask X to 'smash' them with either his flat or using a tool such as a masher</p>
	<p>How many bounces can X do in 1 minute?</p>
	<p>Using masking tape or chalk mark out a route on the floor Give X a large car/truck and ask him to 'drive' his car along the track.</p>

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 <p>A line drawing of a person kneeling on their heels, facing a table. The person's hands are on the table. The word 'Kneeling' is written in the top left corner. A 'Topsy Library' logo is in the bottom left corner.</p>	<p><u>High Kneeling</u> Encourage X to high kneel as a table and play with sand/toys etc. How long can he keep up this position? before he sits his bottom back on his heels</p>
 <p>A photograph of several children in a classroom setting, waving purple and blue scarves. A small caption at the bottom reads 'Mrs. King's Music Class http://mrskingrooks.blogspot.com'.</p>	<p><u>5 Minute scarf disco</u> Gather X and a few friends; give them each a lightweight scarf or strip of material. Play a collection of short snips of music and ask the children to wave their scarves every time the music plays, as soon as the music stops –stop waving Ideally see if X can wave about his shoulder height.</p>

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