



# Paw Patrol Party



Alert Music

[https://www.youtube.com/watch?v=1Udl\\_eoDPKQ](https://www.youtube.com/watch?v=1Udl_eoDPKQ)

ALERT

Ryder



**Ryder reach outs**

- Place three floor mats spaced out
- Ask students to move onto a mat and do jumping jacks

To extend- place different numbers on the mat and ask students to do the corresponding number of Jumping Jacks

ALERT




Skye



**Skye's spinning Hula Hoop**

- Hang a picture of Skye from the hoop
- Stand the hoop on its edge and spin

To extend- see if the student can hula hoop

<p><b>ALERT</b></p>	<p><b>Marshall</b></p> 	<p><b>Marshall's fire hoses</b></p> <ul style="list-style-type: none"> <li>- Lay out several long PE ropes</li> <li>- Ask students to pick up a rope and shake it out to make it straight</li> </ul> <p>To extend- Use two hands to 'shake out' both ropes</p>
<p><b>ORGANISE</b></p>	<p><b>Rubble</b></p> 	<p><b>Rubble hunt</b></p> <ul style="list-style-type: none"> <li>- Create an Obstacle course: Go over and under a bench, pull along a bench with arms, roll on a mat on the floor.</li> </ul> <p>To extend- print out pictures of Paw Patrol characters and they can be collected along the course</p>
<p><b>ORGANISE</b></p>	<p><b>Rocky</b></p> 	<p><b>Rocky throws the rocks....</b></p> <ul style="list-style-type: none"> <li>- Give students several sheets of paper</li> <li>- Ask them to screw them up and make 'rocks'</li> <li>- Ask the students to throw the 'rocks' into a bucket</li> </ul> <p>To extend - replace screwed up paper with soft balls</p>

**ORGANISE**

**Capt'n Turbot**



**Blow ball**

- Using a small ball/ ping pong ball - ask students to lie on their stomach and blow the ball along a route

To extend - extend and make a route more complicated

**CALM**

**Zuma**



**Zuma push ups**

- Push the wall with flat palms, or lying on the floor on back push the wall with feet.



- To extend- stand on one leg

**CALM**

**Everest**



**Calming Paw Patrol Music**

<https://www.youtube.com/watch?v=nrzGPR8x7Xc>

- Lie over a peanut or gym ball on stomach, being supported by an adult at hips and gently rock forwards and backwards.
- Encourage weight bearing through palms and feet and active pushing forwards and back if possible.