

Shoes and socks



Start with trainer socks
(less material to handle)



Songs to use

I've got my socks on

- <http://bit.ly/2mZLoEW>

How to do teach it-handout

- <http://bit.ly/2m3B0rg>

Backward chaining method

- Roll up the sock and place it on their foot, ask them to pull up the last part (over the heel)
- Roll up the sock and place over the toes, ask them to pull over foot and up over heel.

Getting the sock ready to put on

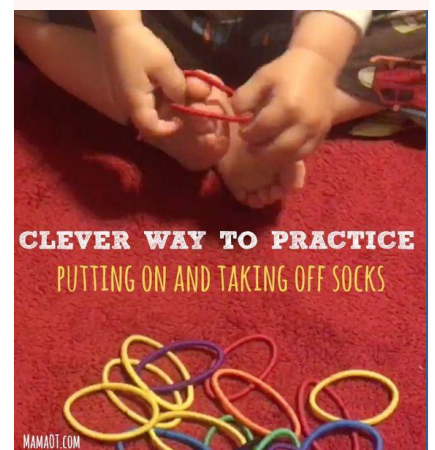
- Teach the student to gather up the socks by following 'thumbs up and in'.
Ask them to put both thumbs up and then in the mouth of the sock.
- Then gather up the sock by gathering up the sock in each hand

Symbols

- <http://bit.ly/2mmLqFc>



Buy socks with different
coloured heels and
toes



CLEVER WAY TO PRACTICE
PUTTING ON AND TAKING OFF SOCKS

SHOES



Draw fingers on the sides of the opening so kids know where to grab and pull... #OTHack



Draw a face on the inside of the tongue. Teach your child to pull the tongue up until they can see the whole face before sticking their foot in.



Putting shoes and socks on with one hand
<http://bit.ly/2n7l3S7>