



11. FINE MOTOR – Scissor skills

14 steps in scissor development



Student;

1. enjoys tearing paper
2. shows an interest in using and handling scissors
3. is able to hold scissors when supported by an adult
4. can hold scissors unaided
5. can open and close scissors
6. is able to open and close scissors with control
7. is able to hold paper and make random snips
8. is able to make several snips into the paper forwards
9. is able to cut along a straight line
10. is able cut around simple shapes
11. is able cut around simple shapes changing directions
12. can cut along curved lines
13. can cut out circles
14. is able to cut around more complicated shapes

Activities to help a student open and close

- Use tongs. Tweezers or children's chop sticks to pick up and move easy objects such as pom pom's
- Punch holes in paper using handheld paper punch
- Use a plant sprayer – squirt water
- Use droppers to drop water/ paint



Activities to help a student's scissor skills

- Cutting tubes/ strips made from playdough
- Cutting plastic straws to make into beads -thread on a string to make a necklace
- Start by cutting on thin card rather than paper (easier to handle)
- Stick a sticker on a sheet of paper- ask the student to cut towards it
- If a student likes to 'snip' -give them a variety of types of paper/ card to snip before moving onto more formal cutting tasks
- Put coloured dots on handles of scissors to help with finger placement

Equipment

- Scissor Assessment kits-helpfully have a range of scissors for you to try
<https://www.sensorydirect.com/long-loop-scissors-1>



- Easy grip loop scissors/ Self opening scissors
<https://www.tts-group.co.uk/mini-easi-grip-scissors/1002036.html>



Check out our You Tube channel-

<https://www.youtube.com/channel/UCYvQ3ULh0WWJAYVzcV7xZoQ/playlists>

The screenshot shows the YouTube channel page for 'Redbridge Seats' with 59 subscribers. The page is viewed on the 'PLAYLISTS' tab. The channel name 'Redbridge Seats' is at the top, with '59 subscribers' below it. There are two buttons: 'CUSTOMISE CHANNEL' and 'MANAGE VIDEOS'. Below the channel name are navigation tabs: HOME, VIDEOS, PLAYLISTS (selected), CHANNELS, and ABOUT. A search icon is also present. The main content area is titled 'Created playlists' and shows a grid of 10 playlists. Each playlist has a thumbnail, a title, a 'VIEW FULL PLAYLIST' link, and an update date. The playlists are: 'ipads' (updated yesterday), 'Speech and Language' (updated yesterday), 'Visual impairment' (updated yesterday), 'ASC/ ASD/ Autism/Social Communication' (updated today), 'Medical needs', 'Hearing Impairment', 'Emotional support and Behaviour' (updated yesterday), 'Communication and Signing' (updated yesterday), 'Physical Disability' (updated yesterday), and 'Sensory videos' (updated yesterday).



Website:
www.redbridgeserc.org



Email:

You will find a variety of Fine and Gross Motor videos here.

https://www.youtube.com/playlist?list=PL7MVghDNLeJz-IOneZJCxolM8n0v4wi_0

We have a wide range of scissor skill videos and advice here:

<http://redbridgeserc.org/resources/category/cutting-skills>

SEatSS has a specialist motor PD Team.

We have a range of programmes and packs to support families and schools. Contact us for more information.

London Borough of
Redbridge

